

Cohen-Mansfield Agitation Inventory (CMAI) - Long Form

A seven point rating scale for assessing the frequency with which people show certain behaviours. There are 29 descriptors that should be rated from 1-7. The scale takes about 10-15 minutes to complete.

The author recommends training via the CMAI manual, which can be accessed via the author.

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1 = Never

2 = Less than once per week

3 = 1-2 per week

4 = Several times per week

5 = Once or twice per day

6 = Several times per day

7 = Several times per hour

As manifest during the last fortnight

	1	2	3	4	5	6	7
1. Pace, aimless wandering							
2. Inappropriate dress or disrobing							
3. Spitting (include at meals)							
4. Cursing or verbal aggression							
5. Constant unwarranted request for attention or help							
6. Repetitive sentence or questions							
7. Hitting (include self)							
8. Kicking							
9. Grabbing onto people							
10. Pushing							
11. Throwing things							
12. Strange noises (weird laughter or crying)							
13. Screaming							
14. Biting							
15. Scratching							
16. Trying to get to a different place (eg out of the room, building)							
17. Intentional falling							
18. Complaining							
19. Negativism							
20. Eating/drinking inappropriate substances							
21. Hurt self or other (cigarette, hot water etc)							
22. Handling things inappropriately							
23. Hiding things							
24. Hoarding things							
25. Tearing things or destroying property							
26. Performing repetitious mannerisms							
27. Making verbal sexually advances							
28. Making physical sexual advances							
29. General restlessness							