

### My Favourite Strategy is .....

- Keeping coat hangers and coats near the front door
- Using Life Stories to find out about walking routines
- Colour awareness schemes in the home.
- Personalised memory boxes outside rooms.
- Themed corridors in the care home eg. Cars, music, local places
- Beaded curtains over doors to discourage going in/out of rooms.
- Allowing individuals to wander in peace and staff observing them at a distance.
- Walking and holding hands with the person.
- Take the person out for a drive.
- Posters for the toilets
- Day Glo toilet seats
- Assistive Technology
- Planned evidence/ assessment of wandering.
- 'Pattern of Wandering' worked out
- Essential lifestyle plans that include wandering.
- Business/Personal ID cards and bracelets.
- Use of community to help acceptance of wandering.
- Volunteers to walk with the person.
- Make outside space-attractive meaningful and see it gets used.
- Photo Albums about where the person is and why.